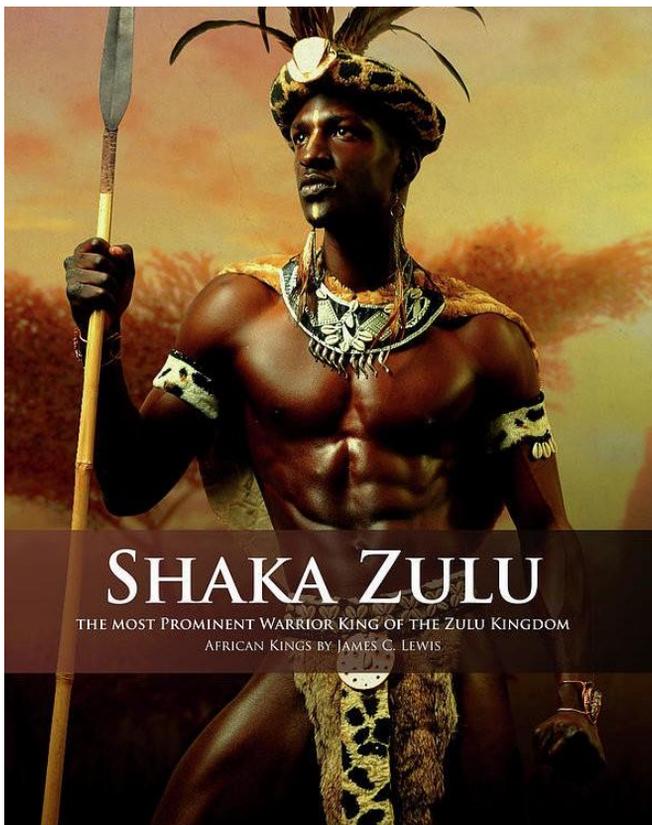


HERITAGE DAY IN SOUTH AFRICA

Hi Friends

The world is fighting an invisible enemy called COVID-19 which has crippled our economy and schools and has created tension and fear amongst community members. You are urged to continue washing your hands with soap, practice social distancing, wear a mask and sanitize at all times to stop the spread of the coronavirus. This pandemic is real and it is now in our hands to save one another with our actions. Let's take a look at Heritage Day which takes place on 24 September.



Credit: medium.com

In KwaZulu-Natal 24 September was known as Shaka Day, in commemoration of the Zulu King Shaka who died in 1828. Shaka played an important role in uniting Zulu clans into a united nation. Each year people gather at Shaka Zulu's grave to honour him on this day.

The Public Holidays Bill presented to the new democratic parliament of South Africa in 1995 did not have 24 September included on the list of proposed public holidays. As a result of this exclusion the Inkatha Freedom Party (IFP), a political party with a large Zulu membership, objected to the bill. A compromise was reached between the ruling party and parliament and the day was given its present title and declared a public holiday.

CELEBRATION OF HERITAGE DAY IN SOUTH AFRICAN SOCIETY

Cultural heritage is a concept which offers a bridge between the past and the future. Due to the value of cultural heritage to the many different cultures in South Africa, it is celebrated in the present so that its value is passed on to future generations. South Africans celebrate Heritage Day by wearing their cultural clothes and cooking indigenous food for all to eat (see below and page 3). Some play their cultural music and wear their cultural clothes and dance to indigenous music.



Zulu

(Credit: Common.wikimedia)



Tsonga

(Credit: Gallo Images/Drum/ER Lombard)



Sotho

(Credit: savenues.com)

On 5 September 2007, Archbishop Desmond Tutu celebrated his appointment as patron of South Africa's Braai Day, stating that it is a unifying force in a divided country. At the end of 2007, National Braai Day changed its name to Braai4Heritage and the initiative received the endorsement of South Africa's National Heritage Council. In many heritage gatherings and celebrations, people get to display their own traditional South African dishes like mopani worms, umngqusho or bobotie, boerewors, morogo, etc. They also allow other cultures to test their food and enjoy the pride of South African dishes during the celebration.



PUBLIC HOLIDAYS VS COVID 19

Since the inception of the lockdown in March this year by the government, many South African holidays were not celebrated appropriately. Only messages were displayed virtually in commemorations of our public holidays. But when it comes to Heritage Day celebrations, you are encouraged to wear your traditional clothes and cook your dombolo's, masonja, boerewors, samoosas and umngqusho to enjoy at home with family. Let us remember to obey government safety regulations and stay at home unless you need essentials such as medication and food. This virus will stay with us for a while and we must adapt to the new living standards. Remember, when you cook and celebrate, think carefully about the natural resources used to produce your food and cultural items. Natural resources, like water, air, animals, plants, rocks, etc. are part of our natural heritage. Remember to be wise and respect and care for our natural heritage as once we deplete them there is no more. Stay safe and continue to sanitize.

Love
The Water Wise
Education Team



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References for Newsletter:
• Heritage day - Wikipedia

DELICIOUS FOOD AND CLOTHES FROM DIFFERENT CULTURES



Mopani worms/Masonja

Credit: Food formzansi.co.za



Phutu

Credit: Gramho.com



Legebekwane

Credit: Pinterest.com



Umngqusho

Credit: En.Wikipedia.org



Samosa

Credit: 4chilli.co.za



Boerewors

Credit: Winemag.co.za



Xhosa Cultural Clothing

Credit: Za.pinterest.com

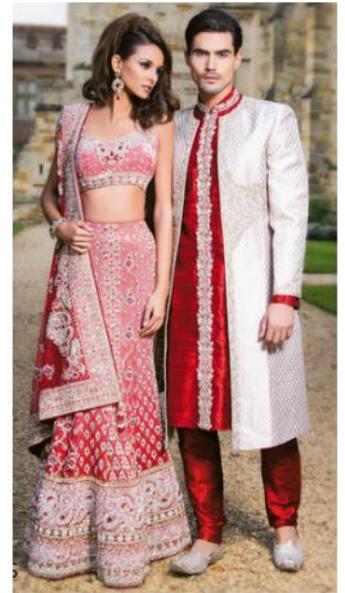
Cape Malay Cultural Clothing

Credit: theculturetrip.com



Afrikaans Cultural Clothing

Credit: Za.pinterest.com



Indian Cultural Clothing

Credit: bumpy.com

HERITAGE ACTIVITY

ANSWER THE FOLLOWING QUESTIONS:

1. When does South Africa celebrate Heritage Day? _____
2. In KwaZulu-Natal, 24 September was known as _____, in commemoration of the _____
3. What is another name for Heritage Day? _____
4. The traditional foods for different South African cultures are in the block below. Write down the correct traditional food as per the different cultures.

BOEREWORS	UMNGQUSHO	DOMBOLO/PHUTU
MOPANI WORMS/MASONJA	LEQEBEKWANE	SAMOOSAS/BIRYANI

CULTURE	TRADITIONAL FOOD
a. ZULU	
b. TSONGA	
c. INDIAN	
d. AFRIKANER	
e. XHOSA	
f. SOTHO	

5. Natural resources, like _____, _____, _____, _____, _____, etc. are part of our natural heritage and must be cared for.

Answers

1. 24 September
 2. Shaka Day, Zulu King
 3. National Braai Day or Braai Heritage
 4. Table
 a. Dombolo Phutu
 c. Samoosa/Biryani
 e. Umngqusho
 f. Leqebekwane
 d. Boerewors
 b. Mopani Worms/Masonja
 5. water, air, animals, plants, rocks, etc.



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YOUR FEEDBACK

It would be most appreciated if you could please give feedback on this education material by clicking on the following link:

<https://forms.gle/ePtXdPBUjTz4Um5H7>

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