BEING WATER WISE AT HOME

TOILET
• Flush only when necessary.
• Place a closed, flat-bottomed 0.5 litre bottle filled with water in the toilet cistern, away from any moving parts, to reduce the amount of water used per flush.
• Fix a dual-flush toilet cistern, i.e. a button for liquid waste (4 litres) & a button for solid waste (10 litres).
• Don’t use the toilet as a trash bin.
• Install a low-volume toilet, i.e. 3 litres.
• Check your toilet has a silent seal by putting a little food colouring in your cistern. If the colouring begins to appear in the bowl within flushing, there may be a leak.

HAND BASIN
• Turn off the tap while brushing your teeth.
• Fix dripping taps.
• Don’t turn the tap on full. Turn it off after use.
• Don’t leave the tap running while rinsing hair or shaving.
• Wash your hands with the plug in place.
• Install aerators or low flow restrictors in your tap.
• Use cold water to wash your hands instead of hot water.

BATH
• Avoid filling the bath to a depth greater than 20 cm.
• Keep the water pressure as low as possible.
• Fix dripping taps.
• Install aerators or low flow restrictors in your tap.
• Use cold water for heavy cleaning jobs like floors and carpets.

SHOWER
• Take 5 minute showers.
• Install a water efficient showerhead (10-15 litres per minute).
• Switch off the water between soaping and rinsing your body and your hair.
• Place a bucket in your shower to collect the used water which you can reuse on lawns, shrubs and trees.

KITCHEN
• Repair dripping taps.
• Install water aerations or low flow restrictors in the tap.
• Steam and scrape dishes and pots into the draining before washing them.
• Don’t rinse glasses, fruit and vegetables under running water. Plug the sink and reuse the water in the garden.
• Thaw frozen food in a refrigerator or a bowl of water, instead of under running water. Use ice for watering plants and for drinking or cooking.

Don’t wait for a tap to run cold. Keep a bottle of water in the fridge.
• When waiting for hot water to come out of the tap, place a bucket under the tap so that the cold water can be used later. Only put as much water into your kettle as you need.
• When boiling water on the stove cover the pan with a lid.

DISHWASHER
• Buy a water (and energy) efficient dishwasher.
• Fully load the dishwasher before use. Use an economy cycle.
• When rinsing dishes before loading the machine, place a small amount of water in the sink and rinse the dishes in that water instead of under running water.
• If you have pre-washed your dishes then run the load on a shorter cycle.

LAUNDRY
• Wash your clothes in cold water.
• Ensure that you have a full load of washing when using the washing machine so thin saves water and electricity.
• If your washing isn’t very dirty then don’t use the pre-rinse cycle.
• Buy a washing machine that is water (and energy) efficient.
• Buy a washing machine that has different cycle options. This lets you choose a cycle that is more water (and energy) efficient when heavy duty cleaning is not needed.

Water Wise
• Front loaders are more water (and energy) efficient than top loaders or twin tubs.
• Select a machine that offers load detection. If there isn’t enough washing to do a full load, the machine will only use the amount of water needed.

Why Water Wise?
By 2025 South Africa’s existing water resources will by fully used up! This country will be classified as a water-stressed country. So EVERYONE needs to work towards a Water Wise future by getting the most out of the water we use.
WE ALL NEED TO OPEN THE DOOR TO A WATER WISE HOME.

DID YOU KNOW?
National Water Week is celebrated 21-27 March, with World Water Day on 22 March.

For more Water Wise info log onto www.randwater.co.za and click on the Water Wise logo or phone 0860 10 10 60

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